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AANR-SW PRESIDENT'S MESSAGE
November 2023

Greetings, Everyone! November is the month to remember and be Thankful for all the good things in your life, including friends, family, good health/Health Care, a place to live, adequate food, and your right to be a nudist. Are you aware of the fight that is going on right now up in Wisconsin? Through AANR's Volunteer and hired Professional efforts, the Team is working diligently to respond to bills that would change the standard for certain laws regarding nudity – even to the degree of punishing parents who bring their minor child to a “public” event where persons appear nude. These efforts to protect nudist rights cost money – this is YOUR AANR member dues at work! AANR is a non-profit that depends on the revenue from member dues to fight for your rights. If it can happen in Wisconsin, it can happen in our Region as well. Please ask your nudist friends who are not Members of AANR to support this cause by joining AANR today.

It is important to have a “purpose” in your life. What's yours? John Wayne once said, “A goal, a love, and a dream give you total control over your body and your life.” Take time this month to reflect on this and how you see these things in your life. Be thankful for all the good and work to find ways to make changes to the not-so-good. And please don't forget to be generous to those who are less fortunate. I volunteer once a month at a local food pantry. I see the need. Many AANR clubs are participating in various community service projects and I urge you to do your part to help others.

Have you ever attended a meeting of the Board of Trustees of AANR via ZOOM? Now is your chance, as the Board meets this coming Saturday, 4 November. If you don't get the AANR Weekly Report, contact the office in Kissimmee TODAY for more information on how to participate. The number is 1-800- TRY-NUDE. ALL are welcome!

Do you, as a member of AANR, realize that the office staff in Kissimmee is there every weekday to answer your questions about AANR, help with AANR-related problems such as membership or threats to your nudist rights? Don't hesitate to call the office – the

person who answers the phone will either be able to help you or can direct you to the person who can.

At our summer meeting next June, elections will be held for various offices in the Southwestern Region. The offices of President, Vice-President, and two (or more) Directors will be up for election, per our Ruling Documents. Incumbents who are not termed out are allowed to run for re-election. We will also be selecting Honor Awards (Man, Woman, and Family of the Year). The Board of Directors – **NOT the President** – is responsible for electing a Nominations Committee Chair to handle organizing and presenting a slate of candidates to the members present at the meeting. This person should be a member of AANR and AANR-SW but does not have to be a member of the Board.

In 2023, the Board did not elect a Nominations Chair, but at our Midwinter Meeting in February, I am going to strongly push to get that done. I expect our Board to do its duty in 2024.

[I apologize if this letter is a bit short - I have been busy taking care of my husband who had total knee replacement surgery on 19 October. Recovery is coming along, but he is impatient and in some discomfort. Physical therapy is not fun, but it is critical for the better quality of life he seeks. Yesterday (2 November), the staples were removed from the incision. He has promised me a dance on Christmas Day!]

I wish all of you a Happy and Humble Thanksgiving. Please find room at your table this year and invite folks to come and share the Blessings. Make this the year you volunteer to serve Thanksgiving Dinner at a local shelter – you will get a lot more out of it than you put in. I guarantee that.

You're Invited! AANR Trustee Meeting Online Tomorrow at 1:00 p.m. Eastern

Tomorrow at 1:00 p.m. the AANR Board of Trustees will hold an informational, regularly scheduled, meeting online via Zoom. AANR Officers, Trustees, Members, and Clubs, are invited to join. Topics include updates on important ongoing government affairs work, as well as membership marketing and public relations, and much more. Please see below for details on logging into the session and to secure a copy of the agenda.

Here is the Zoom link:

Join Zoom Meeting

<https://us06web.zoom.us/j/6422482242>

Meeting ID: 642 248 2242

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Meeting ID: 642 248 2242

Find your local number: <https://us06web.zoom.us/j/kBRRRC0XPC>

The AANR Midterm meeting agenda is located on the AANR website under "Members Only" Committee Minutes and Reports

<https://www.aanr.com/aanr-documents/>

Till next time,
Lucy Heide
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**American Association For
Nude Recreation -
Southwestern Region**

Contact Us Today



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